Pain Behavior – Calibrated Items

Please respond to each item by marking one box per row.

In the past 7 days		Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE2	When I was in pain I became irritable	1	2	3	4	5	6
PAINBE3	When I was in pain I grimaced	1	2	3	4	5	6
PAINBE6	When I was in pain I would lie down	1	2	3	4	5	6
PAINBE8	When I was in pain I moved extremely slowly	1	2	3	4	5	6
PAINBE9	When I was in pain I became angry	1	2	3	4	5	6
PAINBE11	When I was in pain I clenched my teeth	1	2	3	4	5	6
PAINBE13	When I was in pain I tried to stay very still	1	2	3	4	5	6
PAINBE16	When I was in pain I appeared upset or sad	1	2	3	4	5	6
PAINBE17	When I was in pain I gasped	_□		☐ 3	,	5	

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE18	When I was in pain I asked for help doing things that needed to be done	1	2	3	4	5	6
PAINBE21	When I was in pain it showed on my face (squinting eyes, opening eyes wide, frowning)	1	2	3	4	5	6
PAINBE22	Pain caused me to bend over while walking	1	2	3	4	5	6
PAINBE23	When I was in pain I asked one or more people to leave me alone	1	2	3	4	5	6
PAINBE24	When I was in pain I moved stiffly	1	2	3	4	5	6
PAINBE25	When I was in pain I called out for someone to help me	1	2	3	4	5	6
PAINBE26	Pain caused me to curl up in a ball	1	2	3	4	5	6
PAINBE27	I had pain so bad it made me cry	1	2	3	4	5	6
PAINBE28	When I was in pain I squirmed	1	2	3	4	5	6

In the past 7 days.... Had no Pain Never Rarely **Sometimes** Often Always When I was in pain I used a cane or PAINBE29 something else for support..... 6 PAINBE31 I limped because of pain..... When I was in pain I became quiet PAINBE32 and withdrawn When I was in pain I frowned PAINBE33 When I was in pain I asked for help PAINBE34 when walking or changing positions ... When I was in pain I groaned..... PAINBE35 When I was in pain I isolated myself PAINBE37 from others..... When I was in pain I drew my knees PAINBE38 up When I was in pain I moaned, PAINBE39 whined or whimpered

In the past 7 days.... Had no Pain Never Rarely Sometimes Often Always When I was in pain I flung my arms PAINBE40 or limbs around..... When I was in pain I screamed...... PAINBE41 When I was in pain my upper body П П П PAINBE42 would tense up..... When I was in pain I walked PAINBE43 carefully..... When I was in pain I bit or pursed П PAINBE44 my lips PAINBE45 When I was in pain I thrashed When I was in pain I protected the PAINBE46 part of my body that hurt When I was in pain my body became PAINBE47 stiff.....

In the past 7 days....

		Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE48	When I was in pain I clenched my jaw or gritted my teeth	1	2	3	4	5	6
PAINBE49	When I was in pain I winced	i	2	3	4	5	6
PAINBE50	When I was in pain I moved my limbs protectively	ī	2	3	4	5	6
PAINBE51	When I was in pain I avoided physical contact with others	1	2	3	4	5	6