Pediatric Upper Extremity

Please respond to each question or statement by marking one box per row.

In the past 7 days...		With no trouble	With a little trouble	With some trouble	With a lot of trouble	Not able to do
3880R2r	I could button my shirt or pants	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
2671R1r	I could open a jar by myself	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4143R1r	I could open the rings in school binders....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4112R1r	I could pour a drink from a full pitcher	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
3881R1r	I could pull a shirt on over my head by myself	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
4130R1r	I could pull open heavy doors	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
2657bR1r	I could put on my shoes by myself............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4109R1r	I could use a key to unlock a door.............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
2645R2r	I could move my hands or fingers	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
2657aR1r	I could put on my socks by myself............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
2659R1r	I could tie shoelaces by myself	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1

In the past 7 days...	With no trouble	With a little trouble	With some trouble	With a lot of trouble	Not able to do
2663R1r — I could put on my clothes by myself	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
2727R1r — I could write with a pen or pencil.............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
3334aR1r — I could put toothpaste on my toothbrush by myself	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
3334bR1r — I could brush my teeth by myself	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
3796R1r — I could turn door handles by myself	☐ 3	☐ 2	☐ 1	☐ 1	☐ 1
3891R2r — I could use a mouse or touch pad for the computer	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
3907aR1r — I could hold a full cup..............................	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
3907bR1r — I could hold an empty cup	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
3908R2r — I could lift a cup to drink	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4097bR2r — I could zip up my clothes	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4098R1r — I could pull on and fasten my seatbelt.......	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4107R2r — I could open my clothing drawers	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1

In the past 7 days...	With no trouble	With a little trouble	With some trouble	With a lot of trouble	Not able to do
4118R1r I could dial a phone	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4156R1r I could cut paper with scissors	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4173R1r I could dry my back with a towel	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4174R1r I could wash my face with a cloth............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
7029 I could pick up coins from a table	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
7030 I could wash my hair by myself	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
7031 I could put beads on a string.....................	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
7032 I could comb my hair by myself...............	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
7033 I could thread a needle.............................	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1

	Never	Almost Never	Sometimes	Often	Almost Always
2654aR1r I needed help with a bath..........................	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
9006R1r I used a pencil with a special grip to write...	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1