Smoking: Negative Health Expectancies for Nondaily Smokers – Short Form 6a

Please respond to each question or statement by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SMKHLTH01_nd	Smoking is taking years off my life……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKHLTH02_nd	Smoking makes me worry about getting heart troubles…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKHLTH03_nd	Smoking causes me to get tired easily……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKHLTH04_nd	Smoking makes me short of breath……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKHLTH05_nd	Smoking irritates my mouth and throat…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKHLTH06_nd	I worry that smoking will lower my quality of life…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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