# Pediatric Mobility

**Please respond to each question or statement by marking one box per row.**

| | **In the past 7 days...** | **With no trouble** | **With a little trouble** | **With some trouble** | **With a lot of trouble** | **Not able to do** |
|---|---|---|---|---|---|---|
| 235R1r | I could do sports and exercise that other kids my age could do..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 4124R1r | I could get up from the floor ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 236R1r | I could keep up when I played with other kids ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 3892R1r | I could move my legs ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2646R1r | I could stand up by myself ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 4185R1r | I could stand up on my tiptoes ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2707R2r | I could walk up stairs without holding on to anything..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 5023R1r | I have been physically able to do the activities I enjoy most ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2117R1r | I could ride a bike..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2118R1r | I could get in and out of a car..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |


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| | In the past 7 days... | With no trouble | With a little trouble | With some trouble | With a lot of trouble | Not able to do |
|---|---|---|---|---|---|---|
| 219R1r | I could walk more than one block ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2202R2r | I could walk across the room..... | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 | ☐ 1 |
| 2642aR1r | I could get out of bed by myself..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2642bR1r | I could get into bed by myself ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2647R2r | I could get down on my knees without holding on to something ..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 3799R1r | I could carry my books in my backpack.... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 4079R1r | I could get up from a regular toilet..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 4137R1r | I could go up one step..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 4190R1r | I could turn my head all the way to the side..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 5200bR1r | I could run a mile..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 676R1r | I could bend over to pick something up .... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 7026 | I could jump up and down..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |


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| | **In the past 7 days...** | **Never** | **Almost Never** | **Sometimes** | **Often** | **Almost Always** |
|---|---|---|---|---|---|---|
| 2709R1r | I used a wheelchair to get around..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |
| 2715aR2r | I used a walker, cane or crutches to get around..... | ☐ 5 | ☐ 4 | ☐ 3 | ☐ 2 | ☐ 1 |


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