Life Satisfaction – Short Form 8a

Please respond to each question or statement by marking one box per row.

	Thinking about the past 4 weeks…	**Not at all**	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SWB_LS_046R1	I was satisfied with my life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_048R1	I was happy with my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_051R1	I had a good life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_019R1	I had what I wanted in life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_004R1	My life was outstanding.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_003R1	My life was the best	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_006R1	My life was great.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_LS_055R1	I enjoyed my life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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