Smoking: Coping Expectancies for All Smokers – Short Form 4a

Please respond to each question or statement by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
SMKCOP02	When I'm angry, a cigarette can calm me down……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKCOP04	I am tempted to smoke when I feel depressed……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SMKCOP01	I rely on smoking to deal with stress……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKCOP03	Smoking allows me to take a break from my problems for a few minutes……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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