Smoking: Negative Psychosocial Expectancies for Daily Smokers

Please respond to each question or statement by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
SMKPSY10	I feel embarrassed when I smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SMKPSY01	If I quit smoking I will be more in control of my life……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY02	If I quit smoking my friends will respect me more……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY03	My need for cigarettes makes me feel disappointed in myself……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY04	My smoking makes me feel less attractive...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY05	People think less of me if they see me smoking…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY06	My cigarette smoking bothers others……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY07	If I quit smoking I will be more attractive to others…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY08	I get upset when I think about my smoking..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY09	My smoking makes me respect myself less..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY11	I look ridiculous while smoking……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY12	People I care about respect me less because I smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY13	People think I'm foolish for ignoring the warnings about cigarette smoking…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY14	My smoking makes me less attractive to other people……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY15	Smoking leaves an unpleasant odor on my clothes……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY16	I'm foolish to ignore the warnings about cigarettes……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY17	I smoke too much……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY18	I hide my smoking from other people……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2011-2017 PROMIS Health Organization and PROMIS Cooperative Group

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SMKPSY19	I feel uncomfortable smoking around kids...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY20	Most of the people I care about want me to quit smoking……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2011-2017 PROMIS Health Organization and PROMIS Cooperative Group