Informational Support – Short Form 8a

Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Usually	Always
FSE31054x2	I have someone to give me good advice about a crisis if I need it	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SS7x	I have someone to turn to for suggestions about how to deal with a problem	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FSE31058x2	I have someone to give me information if I need it	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SSQ7x	I get useful advice about important things in life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
INF-CaPS2	I can get helpful advice from others when dealing with a problem	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
INF-CaPS4	My friends have useful information to help me with my problems	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
INF-CaPS3	I have people I can turn to for help with my problems	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
INF-CaPS1	Other people help me get information when I have a problem	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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