Gastrointestinal Gas and Bloating

Please respond to each question or statement by marking one box.

In the past 7 days…

1 GISX94	Did you have swelling in your belly?

- ☐ B No → **If No, go to #5**
- ☐ A Yes

2 GISX95	How bad did the swelling in your belly get?

- ☐ 1 Not bad at all
- ☐ 2 A little bad
- ☐ 3 Somewhat bad
- ☐ 4 Quite bad
- ☐ 5 Very bad

3 GISX96	How much did the swelling in your belly interfere with your day-to-day activities?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

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In the past 7 days…

4 GISX97	How much did having swelling in your belly bother you?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

5 GISX98	How often did you feel bloated?

- ☐ 1 Never → **If Never, go to #12**
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

6 GISX99	In general, how severe was your bloating?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

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In the past 7 days…

7 GISX100	At its worst, how severe was your bloating?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

8 GISX101	In general, how severe did your bloating feel?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

9 GISX102	How often did you know that you would feel bloated before it happened?

- ☐ 1 Never
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

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In the past 7 days…

10 GISX103	How much did feeling bloated interfere with your day-to-day activities?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

11 GISX104	How much did feeling bloated bother you?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

12 GISX105	How often did you pass gas?

- ☐ 1 Never→ **If Never, you are finished.**
- ☐ 2 Only once or twice a day
- ☐ 3 About every 3-4 hours
- ☐ 4 About every 2 hours
- ☐ 4 About every hour

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In the past 7 days…

13 GISX109	How often did you have gurgling or rumbling in your belly when you were not hungry?

- ☐ 1 Never
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

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