Meaning and Purpose – Short Form 4a

Please respond to each question or statement by marking one box per row.

	Thinking about my life…	**Not at all**	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SWB_FO_024R1	I feel hopeful about my future.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_FO_038R1	I can reach my goals in life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_FO_045R1	My life is filled with meaning.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SWB_FO_047R1	My life has purpose.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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