Psychosocial Illness Impact-Positive–Short Form 8a

Please respond to each question or statement by marking one box per row.

Thinking about how your illness has affected you, please rate how true these statements were of you before your illness, and again now, since your illness.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
II2	I am comfortable with who I am					
II2.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II2.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II17	I realize who my real friends are					
II17.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II17.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II27	I can adjust to things I cannot change					
II27.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II27.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II36	My life is meaningful					
II36.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II36.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II7	I am an optimistic person					
II7.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II7.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5

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		Not at all	A little bit	Somewhat	Quite a bit	Very much
II15	My relationships are meaningful					
II15.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II15.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II32	I look at things in a positive way					
II32.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II32.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II35	I can appreciate each day fully					
II35.b	How true was this before your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5
II35.a	How true is this now, since your illness?	☐ 2	☐ 2	☐ 3	☐ 4	☐ 5

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