Smoking: Emotional and Sensory Expectancies for Nondaily Smokers

Please respond to each question or statement by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
SMKEMSEN08_nd	Even when I feel good, smoking helps me feel better……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN18_nd	When I'm alone, a cigarette can help me pass the time.……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SMKEMSEN01_nd	I feel better after smoking a cigarette…...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN02_nd	Smoking stimulates me…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN03_nd	Smoking helps me concentrate…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN04_nd	When I stop what I'm doing to have a cigarette it feels like 'my time'……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN05_nd	I love the feel of inhaling the smoke into my mouth……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN06_nd	Smoking is relaxing……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN07_nd	Smoking makes me feel content……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN09_nd	Smoking is the fastest way to reward myself……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN10_nd	Smoking makes me less depressed……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN11_nd	I smoke because it is self-satisfying…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN12_nd	I like the way a cigarette makes me feel physically……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN13_nd	I smoke because smoking feels good……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN14_nd	I enjoy the sensations of a long, slow exhalation of smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN15_nd	I smoke to get a sense of pleasure…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN17_nd	I enjoy the smell of a cigarette when I pull it out of the pack.……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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