Strength Impact

Please respond to each question or statement by marking one box per row.

In the past 7 days…

		No days	1 day	2-3 days	4-5 days	6-7 days
PAC_S_015R1	How many days were you strong enough to carry heavy things with your hands?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_016R1	How many days were you strong enough to go up and down stairs?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_017R1	How many days were you strong enough to reach above your head to get heavy things?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_018R1	How many days were you strong enough to open a heavy door?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_019R1	How many days were you strong enough to hold a full plate or tray of food?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_021R1	How many days were you strong enough to get out of bed and stand without help?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_022R1	How many days were you strong enough to jump up and down?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_023R1	How many days were you strong enough to pour a drink from a full pitcher or carton?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_025R1	How many days were you strong enough to open a jar by yourself?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_026R1	How many days were you strong enough to carry your school books?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_S_027R1	How many days were you strong enough to get down on the floor?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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	In the past 7 days…	**No days**	**1 day**	**2-3 days**	**4-5 days**	**6-7 days**
PAC_S_113R1	How many days were you strong enough to lift heavy things over your head?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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