Physical Activity

Please respond to each question or statement by marking one box per row.

In the past 7 days…

		No days	1 day	2-3 days	4-5 days	6-7 days
PAC_M_002_PXR1	How many days did your child exercise so much that he/she breathed hard?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_006_PXR1	How many days did your child play sports for 10 minutes or more?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_008_PXR1	How many days was your child so physically active that he/she sweated? ..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_009_PXR1	How many days did your child exercise or play so hard that his/her body got tired?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_010_PXR1	How many days did your child exercise or play so hard that his/her muscles burned?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_011_PXR1	How many days did your child exercise or play so hard that he/she felt tired?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very**
PAC_M_066_PXR1	On a usual day, how physically active was your child?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		No days	**1 day**	**2-3 days**	**4-5 days**	**6-7 days**
PAC_M_105_PXR1	How many days did your child exercise really hard for 10 minutes or more?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_114_PXR1	How many days was your child physically active for 10 minutes or more?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PAC_M_134_PXR1	How many days did your child run for 10 minutes or more?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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