Smoking: Negative Psychosocial Expectancies for Nondaily Smokers

Please respond to each question or statement by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
SMKPSY10_nd	I feel embarrassed when I smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SMKPSY01_nd	If I quit smoking I will be more in control of my life……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY02_nd	If I quit smoking my friends will respect me more……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY03_nd	My need for cigarettes makes me feel disappointed in myself……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY04_nd	My smoking makes me feel less attractive...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY05_nd	People think less of me if they see me smoking…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY06_nd	My cigarette smoking bothers others……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY07_nd	If I quit smoking I will be more attractive to others…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY08_nd	I get upset when I think about my smoking..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY09_nd	My smoking makes me respect myself less..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY11_nd	I look ridiculous while smoking……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY12_nd	People I care about respect me less because I smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY13_nd	People think I'm foolish for ignoring the warnings about cigarette smoking…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY14_nd	My smoking makes me less attractive to other people……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY21_nd	People close to me disapprove of my smoking…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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