Applied Cognition-General Concerns

Please respond to each item by marking one box per row.

	In the past 7 days…	**Never**	**Rarely (Once)**	**Sometimes (Two or three times)**	**Often (About once a day)**	**Very often (Several times a day)**
PC1	I have had trouble forming thoughts	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC2	My thinking has been slow	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC3	My thinking has been foggy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC5	I have had trouble adding or subtracting numbers in my head	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC7	I have made mistakes when writing down phone numbers	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC8	I have had trouble concentrating.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC10	I have had trouble finding my way to a familiar place	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC11	I have had trouble remembering where I put things, like my keys or my wallet.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC12	I have had trouble remembering whether I did things I was supposed to do, like taking a medicine or buying something I needed	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC13	I have had trouble remembering new information, like phone numbers or simple instructions	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC14	I have had trouble recalling the name of an object while talking to someone.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC15	Words I wanted to use have seemed to be on the “tip of my tongue”	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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PC16	I have had trouble finding the right word(s) to express myself	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC18	I have had trouble speaking fluently.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC21	I have walked into a room and forgotten what I meant to get or do there	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC22	I have needed medical instructions repeated because I could not keep them straight	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC25	I have had to work really hard to pay attention or I would make a mistake.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC26	I have forgotten names of people soon after being introduced	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC28	My reactions in everyday situations have been slow	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC30	Other people have told me I seemed to have trouble <u>remembering information</u> ..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC35	It has seemed like my brain was not working as well as usual	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC36	I have had to work harder than usual to keep track of what I was doing	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC37	My thinking has been slower than usual..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC38	I have had to work harder than usual to express myself clearly.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC39	I have had more problems conversing with others.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC40	I have had to use written lists more often than usual so I would not forget things....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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PC41	I have had trouble keeping track of what I was doing when interrupted.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC42	I have had trouble shifting back and forth between different activities that require thinking	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC48	I have hidden my problems with memory, concentration, or making mental mistakes so that others would not notice.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC49	I have been upset about my problems with memory, concentration, or making mental mistakes.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC50	My problems with memory, concentration, or making mental mistakes have interfered with my ability to work	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC51	My problems with memory, concentration, or making mental mistakes have interfered with my ability to do things I enjoy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC53	My problems with memory, concentration, or making mental mistakes have interfered with the quality of my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PC-CaPS25	I have had difficulty multi-tasking.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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