Gastrointestinal Constipation

Please respond to each question or statement by marking one box.

In the past 7 days…

1 GISX63	How often did you pass very hard or lumpy stools?

- ☐ 1 Never → **If Never, go to #3**
- ☐ 2 One day
- ☐ 3 2-6 days
- ☐ 4 Once a day
- ☐ 5 More than once a day

2 GISX64	How much did hard or lumpy stools bother you?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

3 GISX65	How often did you strain while trying to have bowel movements?

- ☐ 1 Never → **If Never, go to #6**
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

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In the past 7 days…

4 GISX66	How much did you usually strain while trying to have a bowel movement?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

5 GISX67	How much did straining during bowel movements bother you?

- ☐ 1 Not at all
- ☐ 2 A little bit
- ☐ 3 Somewhat
- ☐ 4 Quite a bit
- ☐ 5 Very much

6 GISX68	How often did you feel pain in your rectum or anus while trying to have bowel movements?

- ☐ 1 Never → **If Never, go to #8**
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

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In the past 7 days…

7 GISX69	At its worst, how would you rate the pain in your rectum or anus during bowel movements?

- ☐ 1 Not bad at all
- ☐ 2 A little bad
- ☐ 3 Somewhat bad
- ☐ 4 Quite bad
- ☐ 5 Very bad

8 GISX72	How often after a bowel movement did you feel unfinished - that is, that you had not passed all your stool?

- ☐ 1 Never
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

9 GISX74	How often did you use your finger or toilet paper to get out a stool?

- ☐ 1 Never
- ☐ 2 Rarely
- ☐ 3 Sometimes
- ☐ 4 Often
- ☐ 5 Always

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