Pediatric Upper Extremity – Short Form 8a

Please respond to each question or statement by marking one box per row.

	In the past 7 days…	With no trouble	With a little trouble	With some trouble	With a lot of trouble	Not able to do
3880R2r	I could button my shirt or pants	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
2671R1r	I could open a jar by myself	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4143R1r	I could open the rings in school binders.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4112R1r	I could pour a drink from a full pitcher.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
3881R1r	I could pull a shirt on over my head by myself	☐ 4	☐ 3	☐ 2	☐ 1	☐ 1
4130R1r	I could pull open heavy doors	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
2657bR1r	I could put on my shoes by myself.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
4109R1r	I could use a key to unlock a door.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1

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