Smoking: Negative Psychosocial Expectancies for All Smokers

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SMKPSY01	If I quit smoking I will be more in control of my life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY11	I look ridiculous while smoking	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY12	People I care about respect me less because I smoke	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY13	People think I'm foolish for ignoring the warnings about cigarette smoking	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY14	My smoking makes me less attractive to other people	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY02	If I quit smoking my friends will respect me more	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY03	My need for cigarettes makes me feel disappointed in myself	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY04	My smoking makes me feel less attractive	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY05	People think less of me if they see me smoking	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY06	My cigarette smoking bothers others	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY07	If I quit smoking I will be more attractive to others	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY08	I get upset when I think about my smoking	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKPSY09	My smoking makes me respect myself less	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Never	**Rarely**	**Sometimes**	**Often**	**Always**
SMKPSY10	I feel embarrassed when I smoke	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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