# Applied Cognition-Abilities

**Please respond to each item by marking one box per row.**

**In the past 7 days…**

| | | Not at all | A little bit | Somewhat | Quite a bit | Very much |
|---|---|---|---|---|---|---|
| PC20 | I have been able to bring to mind words that I wanted to use while talking to someone ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC24 | I have been able to remember where I put things, like my keys or my wallet..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC27 | I have been able to remember to do things, like take medicine or buy something I needed ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC29_2 | I have been able to pay attention and keep track of what I am doing without extra effort..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC4 | I have been able to think clearly ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC43_2 | My mind has been as sharp as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC44_2 | My memory has been as good as usual .. | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC45_2 | My thinking has been as fast as usual .... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC46_2 | I have been able to shift back and forth between two activities that require thinking ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC47_2 | I have been able to keep track of what I am doing, even if I am interrupted ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC6 | I have been able to concentrate ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |


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|---|---|---|---|---|---|---|
| PC-CaPS1 | I have been able to form thoughts clearly. | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS10 | I have been able to remember telephone numbers ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS11 | I have been able to get my point across when talking with someone ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS12 | I have been able to remember the name of a familiar object ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS13 | I have been able to think as clearly as usual without extra effort ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS14 | I have been able to remember things as easily as usual without extra effort ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS16 | My ability to remember important dates has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS17 | My ability to remember names has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS19 | My ability to keep track of lists has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS2 | My thinking has been clear ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS20 | My ability to count money has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS21 | My ability to follow driving directions has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS22 | I have been able to handle many tasks at once without losing track of what I was doing ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS23 | My ability to remember things that I need to do has been as good as usual ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |


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|---|---|---|---|---|---|---|
| PC-CaPS24 | I have been able to multi-task as easily as usual without extra effort ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS3 | I have been able to think clearly without extra effort ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS4 | My ability to concentrate has been good ... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS5 | I have been able to focus my attention ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS6 | I have been able to mentally focus..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS7 | I have been able to add and subtract numbers in my head without difficulty..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS8 | I have been able to remember the name of a familiar person ..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |
| PC-CaPS9 | I have been able to learn new things easily, like telephone numbers or instructions..... | ☐ 1 | ☐ 2 | ☐ 3 | ☐ 4 | ☐ 5 |


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