Emotional Distress-Anxiety

Please respond to each item by marking one box per row.

In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
EDANX27	I felt something awful would happen	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX53	I felt uneasy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX05	I felt anxious	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX12	I felt upset	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX55	I had difficulty calming down	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX01	I felt fearful	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX02	I felt frightened	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX33	I felt terrified.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX08	I was concerned about my mental health	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX47	I felt indecisive	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX18	I had sudden feelings of panic	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX26	I felt fidgety	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX07	I felt like I needed help for my anxiety	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2008-2016 PROMIS Health Organization and PROMIS Cooperative Group

In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
EDANX30	I felt worried	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX46	I felt nervous	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX51	I had trouble relaxing.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX54	I felt tense	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX41	My worries overwhelmed me.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX03	It scared me when I felt nervous.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX48	Many situations made me worry	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX09	I had unpleasant thoughts that wouldn't leave my mind	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
EDANX39	I worried about dying	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2008-2016 PROMIS Health Organization and PROMIS Cooperative Group