Self-Efficacy for Managing Social Interactions

Please respond to each question or statement by marking one box per row.

	CURRENT level of confidence…	I am not at all confident	I am a little confident	I am somewhat confident	I am quite confident	I am very confident
SEMSS001	I can stay involved in community or religious activities	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS003	I have someone who will go out and do things with me	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS004	I can maintain my usual social activities....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS005	I can keep in touch with friends and family	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS006	I have someone to help me plan and make decisions related to my illness.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS007	I have someone who helps me understand medical information	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS008	If I need help, I have someone to help me manage my daily activities.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS009	People understand when I need help and when I don't need help.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS010	If I need help, I have someone to help with my financial affairs	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS011	I can refuse help when I don't need it.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS012	I can ask for help when I don't understand something	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS013	I can get emotional support when I need it.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS014	I can talk about my health problems with someone.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS015	I can tell others about my health problems.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS016	I can communicate well with my doctors and nurses.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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	CURRENT level of confidence…	**I am not at all confident**	**I am a little confident**	**I am somewhat confident**	**I am quite confident**	**I am very confident**
SEMSS017	I know when to stop talking about my condition.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS018	I can talk to others about my condition without being embarrassed	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS019	People are accepting of my condition	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS020	People are concerned about my health	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS021	Friends and family will come to see me when I am sick	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS022	My doctors and nurses listen to my needs.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS023	I can attend social events without being embarrassed.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SEMSS024	If I need help, I can find someone to take me to the doctor's office	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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