Smoking: Emotional and Sensory Expectancies for Daily Smokers

Please respond to each question or statement by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
SMKEMSEN08	Even when I feel good, smoking helps me feel better……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
SMKEMSEN01	I feel better after smoking a cigarette…...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN02	Smoking stimulates me…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN03	Smoking helps me concentrate…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN04	When I stop what I'm doing to have a cigarette it feels like 'my time'……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN05	I love the feel of inhaling the smoke into my mouth……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN06	Smoking is relaxing……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN07	Smoking makes me feel content……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN09	Smoking is the fastest way to reward myself……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN10	Smoking makes me less depressed……...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN11	I smoke because it is self-satisfying…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN12	I like the way a cigarette makes me feel physically……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN13	I smoke because smoking feels good……	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN14	I enjoy the sensations of a long, slow exhalation of smoke……..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN15	I smoke to get a sense of pleasure…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
SMKEMSEN16	I enjoy the steps I take to light up a cigarette…….	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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