Dyspnea Time Extension

Please respond to each question or statement by marking one box per row.

Considering your shortness of breath over the past 7 days, rate the amount of time it has taken you to complete the following activities to your satisfaction.

	In the past 7 days…	**Less time**	**The same amount of time**	**More time**	**Does not apply**
DYSTE001	How much time did it take you to use the toilet without help compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE002	How much time did it take you to wash your face completely compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE003	How much time did it take you to make your bed completely compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE004	How much time did it take you to carry less than 5 lbs (about 2 kg) compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE005	How much time did it take you to walk up 10 stairs (1 flight) without stopping compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE006	How much time did it take you to carry something weighing 10-20 pounds (like a large bag of groceries) from one room to another compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE007	How much time has it taken you to do your usual activities in general, compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0

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