Positive Affect – Short Form 15a

Please respond to each item by marking one box per row.

In the past 7 days…

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PA001	I felt cheerful	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA002	I felt attentive.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA006	I felt delighted	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA010	I felt happy.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA014	I felt joyful.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA019	I felt enthusiastic	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA020	I felt determined	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA021	I felt interested.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA025	I was thinking creatively	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA026	I liked myself.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA030	I felt peaceful.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PA037	I felt good-natured.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA039	I felt useful.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA042	I felt understood.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA044	I felt content.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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