Fatigue

Please respond to each item by marking one box per row.

In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
FATEXP16	How often were you sluggish?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP18	How often did you run out of energy?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP19	How often were you physically drained? ..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP2	How often did you feel run-down?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP20	How often did you feel tired?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP22	How often were you bothered by your fatigue?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP24	How often did you have enough energy to enjoy the things you do for fun?.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP26	How often were you too tired to enjoy life?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP28	How often were you too tired to feel happy?.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP31	How often were you energetic?.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP48	How often did you find yourself getting tired easily?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP5	How often did you experience extreme exhaustion?.....	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP6	How often did you feel tired even when you hadn't done anything?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
FATIMP11	How often did your fatigue make you more forgetful?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP13	How often were you too tired to do errands?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP14	How often did your fatigue make it difficult to organize your thoughts when doing things at work (include work at home)?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP15	How often did your fatigue interfere with your ability to engage in recreational activities?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP16	How often did you have trouble finishing things because of your fatigue?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP17	How often did your fatigue make it difficult to make decisions?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP18	How often did you have to limit your social activities because of your fatigue? ..	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP19	How often were you too tired to do your household chores?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP20	How often did your fatigue make you feel less alert?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP21	How often were you too tired to take a bath or shower?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP22	How often did your fatigue make it difficult to organize your thoughts when doing things at home?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP24	How often did you have trouble starting things because of your fatigue?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
FATIMP25	How often was it an effort to carry on a conversation because of your fatigue?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP26	How often were you too tired to socialize with your family?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP29	How often were you too tired to leave the house?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP3	How often did you have to push yourself to get things done because of your fatigue?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP30	How often were you too tired to think clearly?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP33	How often did your fatigue limit you at work (include work at home)?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP40	How often did you have enough energy to exercise strenuously?	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATIMP53	How often were you too tired to take a short walk?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP56	How often were you too tired to socialize with your friends?	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATIMP6	How often did your fatigue make you feel slowed down in your thinking?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP8	How often were you too tired to watch television?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP9	How often did your fatigue make it difficult to plan activities ahead of time?...	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Not at all	**A little bit**	**Somewhat**	**Quite a bit**	**Very much**
FATEXP12	To what degree did you feel tired even when you hadn't done anything?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Not at all	A little bit	Somewhat	Quite a bit	Very much
FATEXP21	How fatigued were you when your fatigue was at its worst?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP34	How tired did you feel on average?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP36	How exhausted were you on average?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP40	How fatigued were you on average?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP41	How run-down did you feel on average?...	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP42	How much mental energy did you have on average?	☐ 5	☐ 4	☐ 3	☐ 2	☐ 1
FATEXP43	How physically drained were you on average?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP45	How sluggish were you on average?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP50	How fatigued were you on the day you felt least fatigued?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATEXP51	How easily did you find yourself getting tired on average?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP2	To what degree did your fatigue make you feel slowed down in your thinking?....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP28	How hard was it for you to carry on a conversation because of your fatigue?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP34	To what degree did you have to limit your social activities because of your fatigue?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Not at all	A little bit	Somewhat	Quite a bit	Very much
FATIMP47	To what degree did you have to force yourself to get up and do things because of your fatigue?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
FATIMP52	To what degree did your fatigue make you feel less alert?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		None	**Mild**	**Moderate**	**Severe**	**Very**
FATEXP56	What was the level of your fatigue on most days?.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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