Meaning and Purpose

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PA215_C	I have a reason for living.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA216_C	My life has been productive.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA217_C	I feel a sense of purpose in my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA218_C	I can make sense of my existence	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA219_C	My life has value.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA220_C	I understand that there is a reason for my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA221_C	My life has meaning.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA222_C	The things I do in my life are of significance.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA223_C	I can make sense of my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA224_C	My life has significance	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA225_C	The things I do in my life are of value	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA226_C	I have a clear understanding of what life is about.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA227_C	I have a clear sense of direction in life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2008-2017 PROMIS Health Organization (PHO)

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PA228_C	I feel that my life has meaning	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA229_C	My life is fulfilling	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA230_C	My life matters	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA231_C	I can understand my life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA232_C	I experience deep fulfillment in my life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA233_C	I am positive about my future.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA234_C	I know where I am going in life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA235_C	I can reach my goals in life	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA236_C	My life is filled with meaning	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA237_C	My life has purpose	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
		Strongly disagree	**Disagree**	**Neither agree nor disagree**	**Agree**	**Strongly agree**
PA201_C	I understand my life's meaning.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA202_C	My life has a clear sense of purpose.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA203_C	I have a good sense of what makes my life meaningful.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2008-2017 PROMIS Health Organization (PHO)

		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
PA204_C	I have discovered a satisfying life purpose.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA205_C	I generally feel that what I do in my life is valuable and worthwhile.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA206_C	My daily life is full of things that are interesting to me.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA207_C	To me, the things I do are all worthwhile. .	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA208_C	I value my activities a lot	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA209_C	I have lots of reasons for living.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA210_C	I have very clear goals and aims for my life.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA211_C	I understand the world around me.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA212_C	I realize my life has a great deal of personal meaning to me.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA213_C	My life as a whole has meaning.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
PA214_C	My life makes sense to me	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

© 2008-2017 PROMIS Health Organization (PHO)