Sadness (Ages 18+) – Item Bank

For use in Computerized Adaptive Tests and custom Fixed-length Forms

Please respond to each question or statement by marking one box per row.

In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
Depression30	I felt worthless.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression31	I felt that I had nothing to look forward to.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression32	I felt helpless	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression33	I withdrew from other people.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression34	I felt that nothing could cheer me up.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression35	I felt that I was not as good as other people	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression36	I felt sad.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression37	I felt that I wanted to give up on everything.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression38	I felt that I was to blame for things	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression39	I felt like a failure	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
Depression40	I had trouble feeling close to people	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression41	I felt disappointed in myself.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression42	I felt that I was not needed	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression43	I felt lonely	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression44	I felt depressed	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression45	I had trouble making decisions.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression46	I felt discouraged about the future.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression47	I found that things in my life were overwhelming.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression48	I felt unhappy	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression49	I felt I had no reason for living.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression50	I felt hopeless	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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In the past 7 days…

		Never	Rarely	Sometimes	Often	Always
Depression51	I felt ignored by people	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression52	I felt upset for no reason.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression53	I felt that nothing was interesting.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression54	I felt pessimistic	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression55	I felt that my life was empty.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression56	I felt guilty.....	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5
Depression57	I felt emotionally exhausted	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

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