## PHYSICAL FUNCTION

### MEASURE DIFFERENCES

A brief guide to differences between the PROMIS® Physical Function instruments:

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*Retired measure

Ca=cancer, GenPop=general population, HAQ=Health Assessment Questionnaire, OA=osteoarthritis
ABOUT PHYSICAL FUNCTION

PROMIS Physical Function instruments measure self-reported capability rather than actual performance of physical activities. This includes the functioning of one’s upper extremities (dexterity), lower extremities (walking or mobility), and central regions (neck, back), as well as instrumental activities of daily living, such as running errands. A single Physical Function capability score is obtained from a short form. Each Physical Function instrument is appropriate for the adult general population and adults with chronic health conditions. The forms are universal rather than disease-specific. Each form assesses current function rather than function over a specified time period.

Physical Function instruments are available for adults (ages 18+), pediatric self-report (ages 8-17) and for parents serving as proxy reporters for their child (youth ages 5-17). Adult instruments (18+) include: Physical Function, Mobility, Upper Extremity, Physical Function – Cancer, and Physical Function for Samples with Mobility Aid Users instruments. Pediatric and parent proxy instruments were developed for each Physical Function sub-domains of Mobility and Upper Extremity.

MOBILITY

Focuses on activities of physical mobility such as getting out of bed or a chair to activities such as running. The adult Mobility measures include selected items from the full Physical Function item bank.

UPPER EXTREMITY

Focuses on activities that require use of the upper extremity including shoulder, arm, and hand activities. Examples include writing, using buttons, or opening containers. The adult Upper Extremity measures include selected items from the full Physical Function item bank.

PHYSICAL FUNCTION FOR SAMPLES WITH MOBILITY AID USERS

This item bank and short form include screening items about one’s ability to stand and walk. Based upon one’s response, some items may be skipped. These measures are intended for samples that may include those who use mobility aids like wheelchairs. It is not restricted for use to only those that use mobility aids.

For complete list of all PROMIS definitions, go to: http://www.healthmeasures.net/explore-measurement-systems/promis/intro-to-promis/list-of-adult-measures

INTRODUCTION TO ASSESSMENT OPTIONS

There are two administration options for assessing Physical Function: short forms and computer adaptive tests (CATs). When administering a short form, instruct participants to answer all of the items (i.e., questions or statements) presented. With a CAT, participant responses guide the system’s choice of subsequent items from the full item bank (165 items in total in adult bank). Although items differ across respondents taking CAT, scores are comparable across participants.

Some administrators may prefer to ask the same question of all respondents or of the same respondent over time, to enable a more direct comparability across people or time. In these cases, or when paper administration is preferred, a short form would be more desirable than CAT. This guide provides information on all Physical Function short form and CAT instruments.
CAT: A minimum number of items (e.g., 4) must be answered in order to receive a score for Physical Function CAT. The response to the first item will guide the system’s choice of the next item for the participant. The participant’s response to the second item will dictate the selection of the following question, and so on. As additional items are administered, the potential for error is reduced and confidence in the respondent’s score increases. CAT will continue until either the standard error drops below a specified level (e.g., on the T-score metric 3.0), or the participant has answered the maximum number of questions (e.g., 12), whichever occurs first. For some CATs, specifically “recommended” and “screen-to-CAT” there are additional stopping rules. These include stopping when the standard error isn’t improving much or if a respondent is asymptomatic. For details on the exact stopping rules for Physical Function CATs, see below.

CAT versus Short Form: Whether one uses a short form or CAT, the score metric is Item Response Theory (IRT), a family of statistical models that link individual questions to a presumed underlying trait or concept of physical function represented by all items in the item bank. When choosing between CAT and a short form, it is useful to consider the demands of computer-based assessment, and the psychological, physical, and cognitive burden placed on respondents as a result of the number of questions asked.

Figure 1 illustrates the correlations (strength of relationship) of the full v1.0 Physical Function bank with CAT and with v1.0 short forms of varying length. The correlation of CAT scores with the full bank score is greater than a short form of any length. A longer CAT or longer short form offers greater correlation, as well as greater precision. When evaluating precision, not all questions are equally informative. The flexibility of CAT to choose more informative questions offers more precision.

VERSION DIFFERENCES
Some PROMIS domains have multiple versions of instruments (i.e., v1.0, v1.1, v2.0, v3.0). Generally, it is recommended that you use the most recent version available which can be identified as the instrument with the highest version number. In most cases, an instrument that has a decimal increase (v1.0 to v1.1) retains the same item-level parameters as well as instrument reliability and validity. In cases where a version number increases by a whole number (e.g., v1.0 to v2.0), the changes to the instrument are more substantial.

Adult
Physical Function: The PROMIS adult Physical Function v1.0 item bank included 124 items. Later, during translation into multiple languages, some items were modified (e.g., metric equivalents to measurements such as “over 10 pounds/5kg” were added). These 19 modifications resulted in the creation of a v1.1 item bank. Later, v1.2 was created by eliminating three items due to restrictions in use. This also resulted in replacing items in two short forms. PROMIS short form v1.0 – Physical Function 6a was replaced by PROMIS short form v1.2 – Physical Function 6b. One item is different. PROMIS short form v1.0 – Physical Function 8a was replaced by PROMIS short form v1.2 – Physical Function 8b. One item is different. The Mobility v1.2 and Upper Extremity v1.2 banks include the modifications for improved translations. Calibrations are identical in v1.0, v1.1, and v1.2 adult measures. The PROMIS-Ca v1.0 measure was also replaced by a v1.1 with items removed due to restrictions in use.

The Physical Function item bank v2.0 has 165 items. All item parameters were changed to match the Rose et al. (2014) publication. New items were added from three sources: 1) Global06 was added from the PROMIS Global-
10; 2) 35 items were added from the PASTOR (Pain Assessment Screening Tool and Outcomes Registry) project; and 3) eight items originally excluded from v1.0 were re-introduced because they had acceptable measurement properties once the PASTOR items were added. One of PASTOR’s subprojects developed new content to measure “elite” physical function. Finally, two items were substituted out for similarly-worded items with better measurement properties. The Mobility v2.0 item bank was also updated to match the Rose et al. (2014) item calibrations, but no new content was added to it.

Scores across PROMIS Physical Function versions can be compared to each other. On a set of common items (between v1.2 and v2.0) we observed a maximum difference in an impaired sample of ¼ T-score point using old and new parameters. That could rise to 1 T-score point in rare circumstances. Thus the Physical Function scores on v1.0, v1.1, v1.2, and v2.0 are comparable.

Mobility: The Mobility v2.1 item bank consists of 44 items, all of which are from the PROMIS Physical Function v2.0 item bank. Items include content that require lower extremities (e.g., walking, climbing stairs). There are more items in Mobility v2.1 than in the earlier Mobility v2.0 item bank. Consequently, it covers a wider range of function including both lower and higher levels of mobility. Scores obtained from Mobility v2.1 and Mobility v2.0 are comparable. However, because the range of function covered by v2.1 is larger, individual scores at the very high and very low end may be different. Version 2.1 is recommended over v2.0.

Upper Extremity: The Upper Extremity v1.2 item bank was revised to v2.0. First, additional items from Physical Function v2.0 item bank that were sufficiently related to upper extremity function were added. All v1.2 items were retained. This allowed for the creation of a 46-item bank and a 7-item short form. Second, all items were re-calibrated so that the scores reflected only upper extremity function. Moving Upper Extremity to its own metric improved measurement properties for individuals with known or suspected upper extremity limitations (though it remains centered on the USA general population). Conversely, the v1.2 items were calibrated to reflect overall physical function. One item (PFM16r) from the Upper Extremity v2.0 item bank and short form was modified to improve understandability by English speakers and improve translations. This change resulted in the creation of the Upper Extremity v2.1 measures. The v2.0 and v2.1 measures are otherwise identical.

Calibrations from Upper Extremity v1.0 – v1.2 cannot be compared with Upper Extremity v2.0 – v2.1. Calibrations are identical in PROMIS Upper Extremity v2.0 and v2.1 instruments, and therefore scores between PROMIS Upper Extremity v2.0 and v2.1 can be compared to each other. For users interested in comparing scores over time and desiring to switch from Upper Extremity v1.2 to Upper Extremity v2.1, we recommend rescoring the v1.2 administrations via HealthMeasures Scoring Service (https://www.assessmentcenter.net/ac_scoringservice) using the v2.1 calibrations. This will treat the previous administrations as a custom short form from the v2.1 item bank and allow score comparability over time.

Adult CAT Stopping Rules: The standard, recommended, and screen-to-CAT Physical Function and Upper Extremity computer adaptive tests are based on the exact same item banks, but utilize different stopping rules.

PROMIS Bank v2.0 – Physical Function and PROMIS Bank v2.1 – Upper Extremity default standard stopping rules:
- Minimum number of items administered = 4
- Stop when one of these occurs:
  - 12 items are administered OR
  - Standard error is below 0.3 on the theta metric (3.0 on the T-score metric)
PROMIS Bank v2.0 – Physical Function (recommended) and PROMIS Bank v2.1 – Upper Extremity (recommended) stopping rules:

- Minimum number of items administered = 4
- Stop when one of these occurs:
  - 8 items are administered OR
  - Standard error is below 0.3 on the theta metric (3.0 on the T-score metric) OR
  - Standard error changes by less than 0.01 on the theta metric (0.1 on the T-score metric)

PROMIS Bank v2.0 – Physical Function (screen-to-CAT) and PROMIS Bank v2.1 – Upper Extremity (screen-to-CAT) stopping rules:

- If the response to the first item is the “healthiest” response, then stop.
- If the response to the first item is NOT the “healthiest” response, proceed with the “recommended” CAT stopping rules.

**Pediatric and Parent Proxy**

**Changes from v2.0 to GenPop v3.0**

- The GenPop v3.0 Pediatric and Parent Proxy measures replaced the v2.0 measures.
- The GenPop v3.0 measures were re-normed. This means that the scores produced by v3.0 measures are NOT equivalent to scores from older measures (i.e., v1.0, v1.1, v2.0).
- The v2.0 measures were developed with U.S. children sampled from a combination of the general population and those with chronic conditions. This means a v2.0 T-score of 50 is based on the mean of a sample comprised of a mix of children from the general population AND children with chronic conditions. The re-normed v3 GenPop measures are now purely based on a sample from the general pediatric population. This makes interpreting a PROMIS score easier as it is referencing just the general population. The use of “GenPop” (general population) is used to convey the difference in metrics between v3.0 and earlier versions of the measures.
- Earlier versions of the PROMIS Pediatric and Parent Proxy measures can be converted to the v3.0 GenPop metric. Instructions are included in the Physical Function User Manual and Scoring Instructions.
- Several items were revised; see Appendices 2 and 3 for a full list of v2.0 to v3.0 GenPop Mobility and Upper Extremity item changes.

**Changes from v1.0 to v2.0**

For Pediatric and Parent Proxy Mobility and Upper Extremity function, v2.0 measures replaced v1.0. The v2.0 measures 1) changed from using response scores of 0-4 to use 1-5 (item IDs amended with an “r”) and 2) added new items (item IDs start with 7000). The calibrations between v1.0 and v2.0 are identical as is the item content on short forms.


**Pediatric and Parent Proxy CAT Stopping Rules:**

- Measures named “Bank” are administered by default as computer adaptive tests.
- CATs with the same version number (e.g., v2.0 recommended, v2.0 screen-to-CAT) are based on the same item bank but use different stopping rules.
PROMIS Pediatric Bank GenPop v3.0 – Mobility, PROMIS Pediatric Bank GenPop v3.0 – Upper Extremity, PROMIS Parent Proxy Bank GenPop v3.0 – Mobility, and PROMIS Parent Proxy Bank GenPop v3.0 – Upper Extremity stopping rules:

- Minimum number of items administered = 4
- Stop when one of these occurs:
  - 8 items are administered OR
  - Standard error is below 0.3 on the theta metric (3.0 on the T-score metric) OR
  - Standard error changes by less than 0.01 on the theta metric (0.1 on the T-score metric)

PROMIS Pediatric Bank GenPop v3.0 – Mobility (screen-to-CAT), PROMIS Pediatric Bank GenPop v3.0 – Upper Extremity (screen-to-CAT), PROMIS Parent Proxy Bank GenPop v3.0 – Mobility (screen-to-CAT), and PROMIS Parent Proxy Bank GenPop v3.0 – Upper Extremity (screen-to-CAT) stopping rules:

- If the responses to the first two items are both the “healthiest” responses, then stop.
- If the responses to the first two items are NOT the “healthiest” responses, proceed with the PROMIS Pediatric or Parent Proxy Bank GenPop v3.0 – Mobility or Upper Extremity CAT stopping rules.

PROMIS Pediatric Bank v2.0 – Mobility, PROMIS Pediatric Bank v2.0 – Upper Extremity, PROMIS Parent Proxy Bank v2.0 – Mobility, and PROMIS Parent Proxy Bank v2.0 – Upper Extremity default standard stopping rules:

- Minimum number of items administered = 5
- Stop when one of these occurs:
  - 12 items are administered OR
  - Standard error is below 0.4 on the theta metric (4.0 on the T-score metric)

PROMIS Pediatric Bank v2.0 – Mobility (recommended), PROMIS Pediatric Bank v2.0 – Upper Extremity (recommended), PROMIS Parent Proxy Bank v2.0 – Mobility (recommended), and PROMIS Parent Proxy Bank v2.0 – Upper Extremity (recommended) stopping rules:

- Minimum number of items administered = 5
- Stop when one of these occurs:
  - 12 items are administered OR
  - Standard error is below 0.4 on the theta metric (4.0 on the T-score metric) OR
  - Standard error changes by less than 0.01 on the theta metric (0.1 on the T-score metric)

PROMIS Pediatric Bank v2.0 – Mobility (screen-to-CAT), PROMIS Pediatric Bank v2.0 – Upper Extremity (screen-to-CAT), PROMIS Parent Proxy Bank v2.0 – Mobility (screen-to-CAT), and PROMIS Parent Proxy Bank v2.0 – Upper Extremity (screen-to-CAT) stopping rules:

- If the responses to the first two items are both the “healthiest” responses, then stop.
- If the responses to the first two items are NOT the “healthiest” responses, proceed with the “recommended” CAT stopping rules.

**SHORT FORM DIFFERENCES**

**Adult**

There are multiple Physical Function short forms for adults.

*Profile Short Forms:* Three short forms (4a, 6b, and 8b) are included in the current PROMIS Profiles. Items in the 4a, 6b, and 8b short forms were selected based on rankings using two psychometric criteria: 1) maximum interval information; and 2) CAT simulations. Item rankings were similar for both criteria. For the maximum interval criterion, each item information function was integrated (without weighting) for the interval from the mean to 2 SDs worse than the mean. For the CAT simulations, responses to all items in each bank were
generated using a random sample of 1,000 simulees drawn separately for each bank (centered on 1.0 SD worse than the general population mean). Items were rank ordered based on their average administration rank over the simulees. Content experts reviewed the items and rankings and made cuts of 4, 6, and 8 items. For each domain, 8-items, 6-items, and 4-items have been selected so that the items are nested/overlap (e.g., the 8-item form is the 6-item form plus two additional items). The 4a, 6b, and 8b short forms can be administered with short forms of similar length from other domains (Depression, Pain Interference, Fatigue, Sleep Disturbance and Ability to Participate in Social Roles and Activities) as part of a PROMIS Profile (see PROMIS-29, 43, or 57 Profile v2.0), though they can also be administered individually. The first version (v1.0) of the PROMIS Profiles included short forms 6a and 8a.

Additional Short Forms: The 10a and 20a adult short forms were constructed with a focus on representing the range of physical function and also representing the content of the item bank. Domain experts reviewed short forms to give input on the relevance of each item. Psychometric properties and clinical input were both considered.

The PROMIS Short Form v2.0 – Physical Function 24a (PROMIS HAQ) includes PROMIS items that are analogous to the Health Assessment Questionnaire Disability Index (HAQ-DI). The original developer of the HAQ-DI, James F. Fries, MD, was also the principal investigator who led the development of the PROMIS physical function measures for adults. Original HAQ items, in improved form, were incorporated into the PROMIS Physical Function v1.0 item bank and retained in later versions of the item bank. Scores from the original HAQ cannot be compared to PROMIS scores – they use different metrics. However, there is a table that can convert scores from the HAQ-DI to the PROMIS metric on the PROsetta Stone website (www.prosettastone.org).

The PROMIS Short Form v2.0 – Physical Function 8c includes 8 items from the v2.0 item bank. These items were selected in collaboration between PROMIS investigators at Northwestern University and the United States Food and Drug Administration (FDA) in October 2018. Candidate items from the Physical Function item bank were identified based upon input on relevance from people with cancer across five countries and literature-informed expert review. Items with good discrimination (slope) parameters were selected to cover the full range of the Physical Function continuum. The final 8 items were selected to maximize reliability across as full a range of physical function as possible.

The FDA prefers to provide a fixed recall period as a reference for respondents. Therefore, the PROMIS Short Form v2.0 – Physical Function 8c 7-day includes the same items, but adds a prompt to think about the past 7 days. PROMIS investigators at Northwestern University studied the impact of adding a 7-day recall to the standard PROMIS Physical Function items and found no evidence of impact, at the scale and item level. As of Feb 2022, the FDA has not made a final determination regarding which version will receive final FDA qualification as a Drug Development Tool. When possible, it is recommended that you use both measures. For those who are not able to use both measures in a study, the PROMIS Short Form v2.0 – Physical Function 8c is recommended. The PROMIS Short Form v2.0 – Physical Function 8c and PROMIS Short Form v2.0 – Physical Function 8c 7-day are intended for use in clinical trials of people with advanced cancer. They may work well in other settings as well.

The PROMIS+OA-Knee Short Form v2.0 – Physical Function 13a measure consists of a combination of existing PROMIS Physical Function items (n=8), and 5 new items (the PROMIS Physical Function-Knee Supplement 5a scale). The full short form provides broader insight into respondents’ physical function capability. The 5 Knee Supplement items are intended to supplement the existing PROMIS Physical Function Bank. They measure self-reported capability to function physically in the context of knee problems, specifically osteoarthritis of the knee. Although the Knee Supplement items either reference the knee or assistive devices often used when someone
has knee problems, they are not disease-specific per se. They may work well in patient populations with knee issues due to causes other than osteoarthritis. Like other PROMIS Physical Function items, the Knee Supplement items assess current function rather than function over a specified time period.

The **PROMIS Physical Function Short Form 10b** was created through a multi-step process. Starting with the PROMIS v1.0 pool of universal physical function items, members of the PROMIS-Cancer team created the PROMIS Physical Function Cancer item bank using cancer-specific focus groups, expert reviewers and large-scale field-testing. The PROMIS-Cancer team subsequently selected 10 candidate items from this bank for a short form that was reviewed by multidisciplinary panels of clinical experts working in oncology (consisting of psychologists, nurses, physicians, and pharmacists). All of the items were confirmed to be clinically relevant for use in assessment of patient concerns regarding physical function, particularly in terms of content coverage and identifying cases in need of intervention. Items in PROMIS Physical Function Short Form 10b assess universal physical function. That is, no item refers to specifically to cancer. The measure is appropriate for use across chronic conditions.

**Pediatric and Parent Proxy Short Forms**

There are two 8-item Pediatric and two 8-item Parent Proxy short forms, one pediatric and one parent proxy each for Mobility and Upper Extremity. Items were selected based on content and psychometric characteristics.

**Selecting a Short Form**

In selecting between short forms, the difference is instrument length. The reliability and precision of the short forms within a domain is highly similar. If you are working with a sample in which you want the most precise measure, select the longest short form. If you have little room for additional measures but really wanted to capture something as a secondary outcome, select one of the shorter instruments (e.g., 4-item short form).

**SELECTING THE PHYSICAL FUNCTION FOR SAMPLES WITH MOBILITY AID USERS INSTRUMENTS**

The Physical Function for Samples with Mobility Aid Users instruments are intended for samples in which some participants utilize mobility aids such as wheelchairs. There are two screening questions that ask about one’s ability stand and to walk. Based on responses to the screening items, the following questions are tailored. Specifically, if an individual is not able to walk or stand, items in the item bank asking about being able to walk specific distances or jog are not eligible for administration in the CAT. Likewise, short forms will have respondents skip not applicable items. Note that this is not a bank intended only for those who use mobility aids. No items ask specifically about mobility aid use.

**PROMIS ADULT CANCER MEASURES**

PROMIS-Cancer (PROMIS-Ca) measures (Physical Function, Fatigue, Pain Interference, Depression and Anxiety) were developed under the PROMIS Cancer Supplement (CaPS) grant from NCI. The measures are highly similar to PROMIS measures. Some banks include unique items. In rare instances, a shared item uses different item-level calibrations in each bank.

- PROMIS-Ca Bank v1.1 - Physical Function contains 45 items, 33 of which are also in PROMIS Bank v2.0 - Physical Function.
- PROMIS-Ca Bank v1.0 - Fatigue contains 54 items, all of which are from PROMIS Bank v1.0 - Fatigue.
• PROMIS-Ca Bank v1.0 - Anxiety contains 22 items; 20 items from PROMIS Bank v1.0 - Anxiety, and 2 items unique to CaPS in which cancer specific calibrations were used: EDANX09 & EDANX39.
• PROMIS-Ca Bank v1.0 - Depression item bank contains 30 items; 23 items are from PROMIS Bank v1.0 - Depression and 7 items unique to CaPS in which cancer specific calibrations were used: EDANG09, EDANG29, EDDEP02, EDDEP12, EDDEP16, EDDEP38 & EDDEP55.
• PROMIS-Ca Bank v1.1 - Pain Interference contains 35 items; 32 items from PROMIS Bank v1.1 - Pain Interference v1.1 and 3 items unique to CaPS in which cancer specific calibrations were used: PAININ4, PAININ15 & PAININ30.

PROMIS-Cancer (PROMIS-Ca) measures were developed by having content experts review the adult PROMIS item banks for Anxiety, Depression, Fatigue, Pain Interference, and Physical Function. Items were selected through expert consensus and informed by focus groups and cognitive interviews with cancer patients. Multidisciplinary clinical input was obtained to ensure content coverage and the relevance of PROMIS items to patients’ cancer and/or cancer treatment experiences. Items’ psychometric properties were reviewed when applicable. Next, calibration testing was conducted with cancer patients with different diagnoses and treatments. Data were analyzed to identify if items performed differently in people with cancer than people with other chronic conditions or in the general population. In most cases, PROMIS calibrations (“PROMIS Wave 1”) were retained. In rare cases where differential item functioning was identified, calibrations for that item were revised for when that item is used in the PROMIS-Ca item bank. For items that exist only in a PROMIS-Ca item bank, new calibrations were created by using a fixed parameter linking strategy. This set of calibrations is named “Cancer” in the HealthMeasures Scoring Service.

A fixed parameter linking approach was taken because of the additional analyses that were conducted to evaluate the differences between the PROMIS item bank and the PROMIS-Ca item bank. The measures produce slightly different scores. This difference was determined to be so small that comparing scores from a PROMIS measure and PROMIS-Ca measure is acceptable. Because the PROMIS measures have demonstrated validity across diverse patient populations, are linked with other PRO measures (i.e., PROsetta Stone), and have continued to be improved through item bank expansion (e.g., PROMIS Physical Function item bank v2.0), it is recommended to use the general population PROMIS calibrations when assessing individuals with cancer.

SELECTING A PEDIATRIC OR PARENT PROXY INSTRUMENT

In selecting whether to use the pediatric versus parent proxy instrument for this domain, it is important to consider both the population and the domain which you are studying. Pediatric self-report should be considered the standard for measuring patient-reported outcomes among children. However, circumstances exist when the child is too young, cognitively impaired, or too ill to complete a patient-reported outcome instrument. While information derived from self-report and proxy-report is not equivalent, it is optimal to assess both the child and the parent since their perspectives may be independently related to healthcare utilization, risk factors, and quality of care.

WHICH CALIBRATION SAMPLE SHOULD I USE?

Some PROMIS Parent Proxy v1.0, v1.1, and v2.0 measures (Anxiety, Depressive Symptoms, Fatigue, Mobility, Pain Interference, Peer Relationships) had two calibration samples – “Parent Proxy” and “Parent Proxy Without Local Dependence.” The former (Parent Proxy) included calibrations for all items. This was the default calibration sample. The Parent Proxy Without Local Dependence did not include calibrations for some items. The items without calibrations are enemy items. That is, a dyad or triad of items was identified in which there are
psychometric reasons to only administer one of those items to a given respondent. For example, item Pf1mobil1r2 and Pf1mobil3r are enemy items. A participant should only see one of these items in a CAT. The v3.0 GenPop measure have a single calibration sample and no enemy items.

SCORES
For most PROMIS instruments, a score of 50 is the average for the United States general population with a standard deviation of 10 because calibration testing was performed on a large sample of the general population. You can read more about the calibration and centering samples on HealthMeasures.net (http://www.healthmeasures.net/score-and-interpret/interpret-scores/promis). The T-score is provided with an error term (Standard Error or SE). The Standard Error is a statistical measure of variance and represents the “margin of error” for the T-score.

Important: A higher PROMIS T-score represents more of the concept being measured. For positively-worded concepts like Physical Function, Mobility, and Upper Extremity function, a T-score of 60 is one SD better than average. By comparison, a Physical Function T-score of 40 is one SD worse than average.

STATISTICAL CHARACTERISTICS
There are four key features of the score for Physical Function:

• **Reliability**: The degree to which a measure is free of error. It can be estimated by the internal consistency of the responses to the measure, or by correlating total scores on the measure from two time points when there has been no true change in what is being measured (for z-scores, reliability = 1 – SE^2).

• **Precision**: The consistency of the estimated score (reciprocal of error variance).

• **Information**: The precision of an item or multiple items at different levels of the underlying continuum (for z-scores, information = 1/SE^2).

• **Standard Error (SE)**: The possible range of the actual final score based upon the scaled T-score. For example, with a T-score of 52 and a SE of 2, the 95% confidence interval around the actual final score ranges from 48.1 to 55.9 (T-score ± (1.96*SE) = 52 ± 3.9 = 48.1 to 55.9).

The final score is represented by the T-score, a standardized score with a mean of 50 and a standard deviation (SD) of 10.

In Figure 2 (v1.0 adult 10a and v1.0 adult 20a short form), the two dotted horizontal lines each represent a degree of internal consistency reliability (i.e., .90 or .95) typically regarded as sufficient for an accurate individual score. The shaded blue region marks the range of the scale where measurement precision is comparable to the reliability of .90 for the 20-item form. Figure 2 also tells us where on the scale the forms are most informative.
based upon the T-score: the 20-item form is more informative than the 10-item form, and the 20-item form offers sufficient reliability over a wider range of T-scores than the 10-item form.

Figure 3 (v1.0 Adult 4a, 6a & 8a short forms) also tells us where on the scale the form is most informative based upon the T-score: the 8-item form is more informative than the 6-item form, which is more informative than the 4-item form. See additional test information figures for Pediatric instruments in Appendix 1.

PREVIEW OF SAMPLE ITEM

Figure 4 is an excerpt from the paper version of the v2.0 adult item bank. This is the paper version format used for all Physical Function instruments. It is important to note, CAT is not available for paper administration.

FREQUENTLY ASKED QUESTIONS (FAQ)

Q: I am interested in learning more. Where can I do that?
Review the HealthMeasures website at www.healthmeasures.net.

Q: Are these instruments available in other languages?
Yes! Look at the HealthMeasures website (http://www.healthmeasures.net/explore-measurement-systems/promis/intro-to-promis/available-translations) for current information on PROMIS translations.

Q: Can I make my own short form?
Yes, custom short forms can be made by selecting any items from the item bank. This can be scored using the Scoring Service (https://www.assessmentcenter.net/ac_scoringservice).
APPENDIX 1 – ADDITIONAL FIGURES

Test Information for PROMIS Pediatric Bank and Short Forms v1.0:

Figure 5 Pediatric Test Information Upper Extremity

Figure 6 Pediatric Test Information Mobility
APPENDIX 2 – V3.0 GENPOP MOBILITY ITEM REVISIONS

PROMIS Pediatric Bank GenPop v3.0 – Mobility, PROMIS Pediatric Short Form GenPop v3.0 – Mobility 4a, PROMIS Pediatric Short Form GenPop v3.0 – Mobility 5a, and PROMIS Pediatric Short Form GenPop v3.0 – Mobility 7a:

- The Item ID 4124R1r was changed to 4124R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 236R1r was changed to 236R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2707R2r was changed to 2707R2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 5023R1r was changed to 5023R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Pediatric Bank GenPop v3.0 – Mobility, PROMIS Pediatric Short Form GenPop v3.0 – Mobility 5a, and PROMIS Pediatric Short Form GenPop v3.0 – Mobility 7a:

- The Item ID 4185R1r was changed to 4185R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Pediatric Bank GenPop v3.0 – Mobility and PROMIS Pediatric Short Form GenPop v3.0 – Mobility 7a:

- The Item ID 3892R1r was changed to 3892R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2646R1r was changed to 2646R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Pediatric Bank GenPop v3.0 – Mobility:

- The Item ID 2118R1r was changed to 2118R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 219R1r was changed to 219R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2642aR1r was changed to 2642aR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2642bR1r was changed to 2642bR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2647R2r was changed to 2647R2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 3799R1r was changed to 3799R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4079R1r was changed to 4079R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4137R1r was changed to 4137R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4190R1r was changed to 4190R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 676R1r was changed to 676R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 7026 was changed to 7026r to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Mobility, PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 4a, PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 5a, and PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 7a:

• The Item ID Pf3mobil9r was changed to Pf3mobil9r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf2mobil4r was changed to Pf2mobil4r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4mobil4r was changed to Pf4mobil4r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf1mobil1r was changed to Pf1mobil1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Mobility, PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 5a, and PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 7a:

• The Item ID Pf2mobil7r was changed to Pf2mobil7r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Mobility and PROMIS Parent Proxy Short Form GenPop v3.0 – Mobility 7a:

• The Item ID Pf3mobil3r was changed to Pf3mobil3r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3mobil8r was changed to Pf3mobil8r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Mobility:

• The Item ID Pf3mobil2r was changed to Pf3mobil2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3mobil12r was changed to Pf3mobil12r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf1mobil6r was changed to Pf1mobil6r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4mobil9r was changed to Pf4mobil9r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3mobil10r was changed to Pf3mobil10r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
APPENDIX 3 – V3.0 GENPOP UPPER EXTREMITY ITEM REVISIONS

PROMIS Pediatric Bank GenPop v3.0 – Upper Extremity and PROMIS Pediatric Short Form GenPop v3.0 – Upper Extremity 8a:

- The Item ID 3880R2r was changed to 3880R2r2 and the Item Stem from "I could button my shirt or pants." to "I could button my shirt or pants (trousers)." This change was made to improve the understandability of the item in English-speaking countries outside of the U.S. without changing the interpretation of the item in the U.S.
- The Item ID 2671R1r was changed to 2671R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4143R1r was changed to 4143R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4112R1r was changed to 4112R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1. The Item Stem was also changed from "I could pour a drink from a full pitcher." to "I could pour a drink from a full pitcher (jug)." This change was made to improve the understandability of the item in English-speaking countries outside of the U.S. without changing the interpretation of the item in the U.S.
- The Item ID 4130R1r was changed to 4130R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2657bR1r was changed to 2657bR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4109R1r was changed to 4109R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Pediatric Bank GenPop v3.0 – Upper Extremity:

- The Item ID 2657aR1r was changed to 2657aR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 2659R1r was changed to 2659R1r2 to account for the revised Response Scores from 4-3-2-1-1 to 5-4-3-2-1.
- The Item ID 2727R1r was changed to 2727R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 3334aR1r was changed to 3334aR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 3334bR1r was changed to 3334bR1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 3907aR1r was changed to 3907aR1r2 to account for the revised Response Scores from 4-3-2-1-1 to 3-2-1-1-1.
- The Item ID 3908R2r was changed to 3908R2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4097bR2r was changed to 4097bR2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4098R1r was changed to 4098R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
- The Item ID 4107R2r was changed to 4107R2r2 to account for the revised Response Scores from 5-4-3-2-1 to 3-2-1-1-1.
- The Item ID 4118R1r was changed to 4118R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 4156R1r was changed to 4156R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 4173R1r was changed to 4173R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 4174R1r was changed to 4174R1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 7029 was changed to 7029r to account for the revised Response Scores from 4-3-2-1-1 to 3-2-1-1-1.
• The Item ID 7031 was changed to 7031r to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID 7032 was changed to 7032r to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Upper Extremity and PROMIS Parent Proxy Short Form GenPop v3.0 – Upper Extremity 8a:
• The Item ID Pf3uprext4r was changed to Pf3uprext4r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf2uprext2r was changed to Pf2uprext2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf2uprext3r was changed to Pf2uprext3r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1. The Item Stem was also changed from "My child could button his/her shirt or pants." to "My child could button his/her shirt or pants (trousers)." This change was made to improve the understandability of the item in English-speaking countries outside of the U.S. without changing the interpretation of the item in the U.S.
• The Item ID Pf3uprext7r was changed to Pf3uprext7r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3uprext11r was changed to Pf3uprext11r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4uprext10r was changed to Pf4uprext10r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1. The Item Stem was also changed from "My child could pour a drink from a full pitcher." to "My child could pour a drink from a full pitcher (jug)." This change was made to improve the understandability of the item in English-speaking countries outside of the U.S. without changing the interpretation of the item in the U.S.
• The Item ID Pf4uprext1r was changed to Pf4uprext1r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3uprext9r was changed to Pf3uprext9r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.

PROMIS Parent Proxy Bank GenPop v3.0 – Upper Extremity:
• The Item ID Pf3uprext6r was changed to Pf3uprext6r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3uprext3r was changed to Pf3uprext3r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf1uprext2r was changed to Pf1uprext2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf1uprext4r was changed to Pf1uprext4r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf3uprext2r was changed to Pf3uprext2r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4uprext9r was changed to Pf4uprext9r2 to account for the revised Response Scores from 5-4-3-2-1 to 3-2-1-1-1.
• The Item ID Pf2uprext8r was changed to Pf2uprext8r2 to account for the revised Response Scores from 3-2-1-1-1 to 4-3-2-1-1.
• The Item ID Pf4uprext12r was changed to Pf4uprext12r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4uprext4r was changed to Pf4uprext4r2 to account for the revised Response Scores from 5-4-3-2-1 to 3-2-1-1-1.
• The Item ID Pf3uprext8r was changed to Pf3uprext8r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.
• The Item ID Pf4uprext3r was changed to Pf4uprext3r2 to account for the revised Response Scores from 5-4-3-2-1 to 4-3-2-1-1.