# PROMIS® Fatigue

## T-Scores:

<table>
<thead>
<tr>
<th>Score</th>
<th>35</th>
<th>40</th>
<th>45</th>
<th>50*</th>
<th>55</th>
<th>60</th>
<th>65</th>
<th>70</th>
<th>75</th>
</tr>
</thead>
</table>

## I feel fatigued

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## I have trouble starting things because I am tired

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## How run-down did you feel on average?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## How fatigued were you on average?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## How much were you bothered by your fatigue on average?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## To what degree did your fatigue interfere with your physical functioning?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

## How often did you have to push yourself to get things done because of your fatigue?

- Never
- Rarely
- Sometimes
- Often
- Always

## How often did you have trouble finishing things because of your fatigue?

- Never
- Rarely
- Sometimes
- Often
- Always

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PROMIS Fatigue v1.0 Short Form 8a

*A score of 50 = mean of General Population Reference Sample*